



2020 Canadian Junior High Speech Nationals

Video Recording Rules for Asynchronous submissions (Category 1 & 2)

Competitors are required to upload their video link to their personal Google drive and share the link via the Google Doc Form below. Check the step by step guide on how to do this.

The following list includes rules for preliminary video recordings, along with guidelines for helping you adhere to each rule.

Audio

Rule 1: The audio must be clear and without echo, static or other excessive noise.

- Please ensure that you are in a space without background noise.

Camera

Rule 2: The camera must record in high definition.

- If a competitor does not have a camera that records in high definition, please ensure that the image is as clear as possible.

Rule 3: The camera must have an unobstructed, in-focus view of the competitor from the mid-torso up to the face. The entire speaking area must be visible throughout the recording.

- Competitors can therefore be standing or sitting during their delivery but the camera must capture the face and upper body. For solo acting, it may be necessary to film the full body movement of the speaker.
- It is recommended the competitors stay within 3 feet between themselves and their camera ensuring that the defined distance still allows their microphone to clearly record their voice.

Rule 4: The speaking area must be fully lit.

- The speaker's facial expressions must be visible throughout the speech; the image should not be too bright or dark.

Rule 5: The recording must contain an introduction of the speaker's name and their topic of the speech/reading so that judges know where the reading was taken from or what the speech is about.

The recording may not be edited in any way, such as by adding text, graphics, images, or anything that does not meet the requirements above.

Tips for a good recording:

- Start recording a few seconds before the recitation and stop recording a few seconds after the end.
- Speaker may look directly into the camera, at a fixed spot, or at an imagined audience.
- Use a tripod or secure the camera on a shelf.
- Watch the video after you film it. Be sure to check the accuracy of the recitation. If you're not happy with the video, film it again.